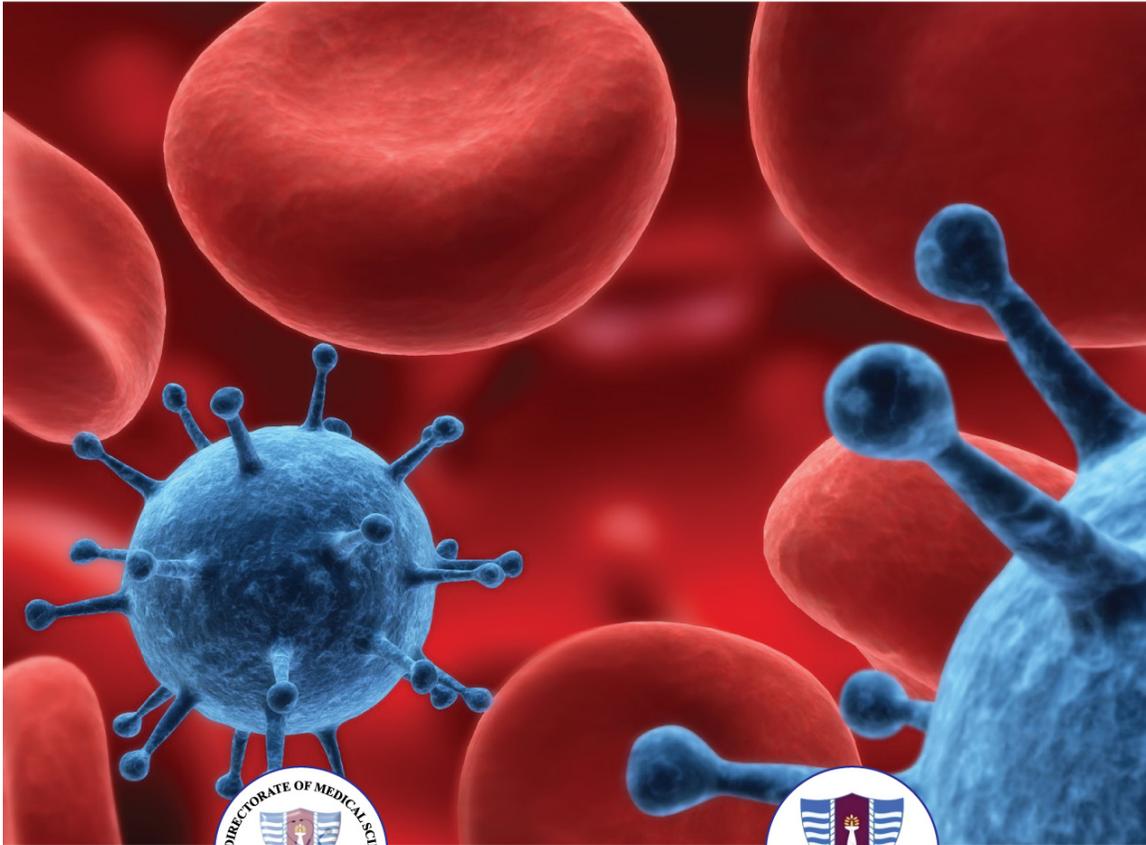


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Introduction

Background

Research scientists are trained to discover knowledge and then to add their findings to well recognized journals. Moreover, they frequently refer to these journals when they wish to embark on research projects or simply want to enquire about the current status or limit of knowledge in a particular subject, so that it may be moved to the next stage.

All eminent higher educational institutions in the world have these (journals) and other means and methods of collecting, storing and dissemination of knowledge for all others to deliver the benefits to mankind. In science, latest information on progress in knowledge, news, books etc. is generally reported and distributed via journals pertaining to their particular field, area or speciality of interest.

In fact, future of science rests on the foundation of knowledge discovered by previous generations found in journals. Research work of every kind can only progress by referring to these repositories of knowledge i.e. science research journals. A research journal is a relatively simple way for the dissemination of research findings and to encourage young scientists by having their research work published.

Research is tough and competitive work. As with any other aspect of life, 'getting started' in exhibiting and publishing research work for young scientist, professionals, particularly post-graduates and newly qualified PhDs is extremely difficult which causes frustration and bewilderment. There is little sympathy, compassion, compromise or relaxation of rules for new comers when seeking publication of their work in established, renowned and prestigious journals in Pakistan or anywhere else in the world.

To offer a venue for young scientists and medical professionals it was decided to launch a medical and Biological science based journal from the platform of Directorate of Medical Sciences, Government College University, Faisalabad (GCUF).

Aims and Objectives

The journal aims to publish original research short communications, technical notes, full length papers, review articles, and book reviews. Only those research papers and articles should be welcomed which are original and have quality work. Pakistan Journal of Medical and Biological Sciences (PJMBBS) is the first medical journal for the university so that the students of MPhil and PhD of GCUF must also be benefitted. The principle objectives of the journal are:

- To publish the research work of all the medical professionals related to their profession like Eastern Medicine, Surgery, Physical Therapy and Pharmacy etc. to help the humanity.
- To publish research work carried out at GCUF and in other universities and research organisations in Pakistan and abroad at MPhil, PhD, post doctorate or other research levels.
- To promote and encourage faculty members, post-graduate research students and other researchers at GCUF to publish their findings. A research culture has to be built into the routine teaching process of GCUF.
- To promote new areas of research with the help of student so they can contribute in research during their studies.

- To propel GCUF at the highest ranking of not only HEC but also all over the world and propel GCUF to stand in the first row of research based institutions in Pakistan and abroad.

Future prospects:

Pakistan Journal of Research in Medical Sciences is scheduled to appear biannual serving as a means for the exchange of scientific information at international level. The scope encompasses all medical disciplines. For the convenience of authors, the priority areas include: Life Sciences, Pharmacy, Physical therapy, Eastern Medicine, Surgery, Medical Lab Technology, Operation Theater Technology, Radiography and Imaging Technology, Orthotics and prosthetics, Public Health, Obstetrics and Gynecology, Orthopedics, Medical Biotechnology, Biochemistry, Microbiology, Physiology, Medicine, Bioinformatics, Health Environmental Sciences and other Health Sciences. All manuscripts are evaluated for their scientific content and significance by the Editor and at least two independent reviewers. Manuscript will be considered for publishing and published post approval by the appropriate editorial committees. All submitted manuscripts should contain unpublished, original research not under consideration for publication anywhere else.

In order to avoid unnecessary delay in publication, authors are requested to strictly comply the guidelines.

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All manuscripts must be submitted accompanied by a covering letter from the author responsible for correspondence regarding the manuscript. Manuscript should be written in English. Manuscript should prepare as word documents on A4 size with a margin of 2cm of sides having font size of 12 in Times New Roman style with single line spacing. All Figures and Tables should be placed at the end of the text.

REASERCH PAPERS:

Research paper should be arranged according to the guidelines mentined under:

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It should include name of authors and a superscripted asterisk symbol * positioned after the name of the corresponding author, address (es) of the institution (s) to which the work should be attributed, each author's affiliation and a footnote including the complete mailing address, telephone number, e-mail address of the corresponding author. Up to six authors may be cited. More than six authors are allowed only with the satisfactory approval of the editorial board after its complete justification and verification.

Abstract:

It should give the brief idea of research paper and should not exceed more than 250 words. Abstract with the headings of Background, Time and duration of Study, Study design, Methodology, Results and Conclusion will be more liked.

Keywords:

5-8 keywords related to the work should be written at end of the abstract. Each keyword will be separated by coma.

Introduction:

It should provide sufficient background information for the reader to understand and evaluate the purpose or objective of the present study.

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All significant material used along with its source should be mentioned. The key methods used should be briefly described, citing references. New methods or significantly modified methods may be illustrated in sufficient detail.

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Appropriate statistical analysis should be done to the original data to verify the reported results. Specify the statistical methods used to analyse the data. Restrict the Tables and Figures only to those where it is needed to explain the argument of the paper and to

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A short, paragraph summarizing the most important finding (s) of the research is required.

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- 2) **Original article:** Maximum 3000 words excluding title page and abstract with no more than three Tables or Figures and 30 references.

- 3) **Short Reports:** Maximum 1500 words excluding title page. There is no abstract, short introduction; patients, methods and results are written together followed by comments. No more than two Tables or Figures and 10 references.
- 4) **Case Report:** Maximum of 1000 words. It should have an abstract, short introduction, case report followed by discussion. No more than 5-8 references.
- 5) **Letters to the Editor:** Maximum 250 words if it is in reference to a recent journal article, or 400 words in all other cases. It must have no more than five references and one Figure or Table. It must not be signed by any more than three authors. Letters referring to a recent journal article must be received within four weeks of its publication.

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This journal shall be published twice in a year.

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- After a preliminary review, the manuscripts will be forwarded to an appropriate subject Specialistreviewer (7days).
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