Social Work
B.A.: Elective and Optional

Outlines of Tests

Part- I

<table>
<thead>
<tr>
<th>Paper</th>
<th>Title of Course</th>
<th>Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Pakistan Society Its Needs and Problems</td>
<td>75</td>
</tr>
<tr>
<td>C</td>
<td>Practical-I</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td><strong>Total Marks</strong></td>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

PAPER-I: PAKISTAN SOCIETY ITS NEEDS AND PROBLEMS

I. **Introduction to Social Welfare**
   a) Definition and Scope
   b) Historical Perspective of Social Welfare in Pakistan

II. **Pakistani Society**
   a) Definition and description of the term “Society”
   b) Characteristics of Pakistani Society
   c) Comparison of Rural and Urban Communities

III. **Culture**
   d) Definition and description of the terms “Culture”
   e) Characteristics of Pakistani Culture
   f) Influence of allied Cultures on Pakistani Culture
   g) Social Norms-definition and stages (i.e. Folkways’ Mores and laws)
   h) Socialization-definition, description and factors of socialization (i.e. Family, Neighborhood, Peer Group, Religious Institution, Educational Institutions and Mass Media and Communication)

IV. **Social Institutions**
   a) Definition and description of “Social Institutions”
   b) Types of Social Institutions: Primary, Secondary
   c) Structure, Importance and Functions of the following:
      - Family Institution
      - Religious Institution
      - Political Institution
      - Economic Institution
      - Educational Institution
      - Recreational Institution

V. **Social Change**
   a) Definition and concept of “Social and Cultural Change”
   b) Process and effects of Social Change in Society
   c) Factors which promote and hinder Social Change

VI. **Socio-Economics Needs of Pakistan**
   a) Agricultural Development-importance of Agriculture Development and hurdles involved-measures
   b) Industrial Development-importance of Industrial Development, hurdles involved, Measures-Village Aid, IPRD etc.
   c) Problems arising out of industrialization and Urbanization-Education and Health, Measures

VII. **Education Needs and Problems**
   a) Purposes and importance
   b) Exiting educational needs and problems, Measures
c) Future requirements
d) Importance of guidance and counseling in educational institutions
e) Adult education, its need and importance, Huddles Involved, Measures
f) Education and National Development

VIII. Health Needs and Problems
a) Causes of low health standards, Measures
b) Health education and its importance
c) Health and National Development

IX. Needs of Special Groups
a) Introduction to the needs, problems and measures to deal with:
   i) Physical Disability
   ii) Sensorial Disability
   iii) Mental Retardation
   iv) Socially disadvantaged (orphans, widows and destitute women and criminals)

X. Social Problems of Pakistan
a) Definition and description of “Social Problems”
b) Causes of Social Problems
c) Major Social Problems of Pakistan:
   - Drug Addiction - Illiteracy
   - Over Population - Beggary
   - Juvenile Delinquency - Environmental Problems
   - Crime - Violence
   - Child Labour - Child Abuse and Neglect
   - Bonded Labour - Poverty
   - Unemployment - Dowery

Practical-I

25 Marks

a) Students will make observational visits to different Social Welfare agencies. They will provided guidelines for observations before each visit.
b) They will write reports about these visits. (6-8 visits)
Social Work
B.A.: Elective
Part- II

<table>
<thead>
<tr>
<th>Paper</th>
<th>Title of Course</th>
<th>Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Social Work Theory and Practice</td>
<td>75</td>
</tr>
<tr>
<td>C</td>
<td>Practical-II</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td><strong>Total Marks</strong></td>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

**PAPER-II: SOCIAL WORK THEORY AND PRACTICE**

I. **Nature and Philosophy of Social Work**
   a) Definition and Philosophical base of Social Work
   b) Objectives of Social Work Practice
   c) Basic Principles of Social Work
   d) Scope of Social Work
   e) Professional and Voluntary Social Work

II. **Islamic Concept of Social Work**
   a) Islamic Concept of Social Welfare and Social Work
   b) Worth and Dignity of Individual
   c) Rights and responsibilities of individuals in Islamic Society
   d) Social Relationship in Islam i.e Family, Neighborhood, Mosque

III. **Methods of Social Work**

A. **Primary Methods:**

1) Social Case Work:
   a) Definitions and Descriptions of “Social case Work”
   b) Elements / Components of Social Case Work (Person, Problem, Place, professional persons and process)
   c) Worker client relationship in Social Case Work
   d) Principles of Social case Work
   e) Phases/Steps in Social Case Work
   f) Fields of Application of Social Case Work practice
   g) Role of professional worker in Case Work practice

II) Social Group Work:
   a) Definition and Description of Social Group of Work
   b) Types of Social Group (primary and secondary, formal and informal Groups)
   c) Stages of Groups Development
   d) Definition and description of Social Group Work and its philosophy
   e) Objective of Social Group Work
   f) Components of Social Group work (group, agency and group worker)
   g) Principles of Social Group Work
   h) Fields of application of Group Work practice
   i) Role of professional worker in Group Work practice

III) Community Development:
   a) Definition and description of Community
   b) Definition of community organization and development
   c) Objectives of Community Development
   d) Phases / steps in Community Development. (Study of the community, planning, implementation, monitoring and evolution.
   e) Principles of Community Development.

B. **Secondary Methods:**

(i) **Social Research:**
   a) Definition and description of “Social Research”
   b) Types of Social Research
   c) Phases/steps in Social Research

*GC University, Faisalabad*
d) Tools of data collection (questionnaire, interviewing schedule, interview guide and observation).

**Social Welfare Administration:**

(i) Definition and description of “Social Welfare Administration”

(ii) Importance of Social Welfare Administration in Social Work

**Social Action:**

(iii) Definition and description of “Social Action”

(iv) Importance of Social Action in Social Welfare

**Fields / Areas of Social Work:**

(a) Medical Social Work

(b) Community Development (Urban / Rural)

(c) Child Welfare & Protection

(d) Women Welfare

(e) Probation & Parole

(f) Welfare and Rehabilitation of Special Groups

- Physical Disability
- Sensorial Disability
- Mental Retardation
- Socially disadvantaged (orphans, widow and destitute women and criminals)

(g) Youth Welfare

(h) Labor Welfare

(i) Population Welfare

(j) Juvenile Justice System Ordinance

(k) School Social Work

(l) Application of Social Safety Nets; Zakat, Bait ul Mal etc.

(m) Disaster Management

**Social Welfare Agencies:**

(a) Definition and description of “Social Welfare Agency”

(b) Types of Social Welfare Agencies (government, semi government, voluntary/NGOs)

(c) Role of voluntary social welfare agencies in socioeconomic Development.

---

**Practical-II**

25 Marks

Students will be assigned to work for two years (one each year) of the following activities and shall submit a comprehensive report.

a) Organizing a group activity

b) Social Survey on any special problem of the area.

---

**Recommended Books**

SOCIAL WORK: OPTIONAL

Outlines of Tests

<table>
<thead>
<tr>
<th>Paper</th>
<th>Title of Course</th>
<th>Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opt</td>
<td>Social Work</td>
<td>100</td>
</tr>
</tbody>
</table>

Syllabi and Courses of Reading

1. **Introduction:**
   (i) Definition of Social Work.
   (ii) Concept of voluntary and professional Social Work.

2. **Basic Concepts/Principles**
   (i) Worth and dignity of the individual.
   (ii) Self help.
   (iii) Self determination.
   (iv) Confidentiality.
   (v) Participation.

3. **Introduction to Basic Methods of Social Work**
   (i) Case Work.
   (ii) Group Work.
   (iii) Community Development.

4. **Fields of Social Work**
   (i) Child Welfare.
   (ii) Youth Welfare.
   (iii) Women Welfare.

5. **Important Social Problems**
   (i) Beggary.
   (ii) Over Population.
   (iii) Drug Addiction etc.